

ITINERARY



Barcelona ~ Montserrat ~ Solsona ~ Zaragoza ~ Huesca ~ Girona

Arrive Barcelona ~ Depart Girona

10 Participants Only ~ 15 Nights

Your Guide: Fatima Bacot

Days 1 and 2

September 15 – 17

Barcelona



With the world-famous, tree-lined La Rambla and its human statues, cafes and kiosks, the Plaza de Catalunya (Catalonia Square), the Plaza España, the Passeig de Gracia, Gothic Quarter, intriguing alleys, tapas bars, artists' haunts, la Boqueria public market and other beautiful sites, Barcelona explodes with passion, elegance and surreal

sights, sounds, colour and sensation.

On Day One, we check into the Hotel and settle in. Group meet-up in Hotel Lobby at 6pm. Welcome Dinner & Flamenco Show at 7:30pm.

On Day Two we go on a guided city tour throughout Barcelona which includes Antoni Gaudi's Church of Sagrada Familia. We will also visit the Church of Santa Anna, which houses a Black Madonna.

Free time to relax in your hotel room, if you wish, preparing for the journey ahead.

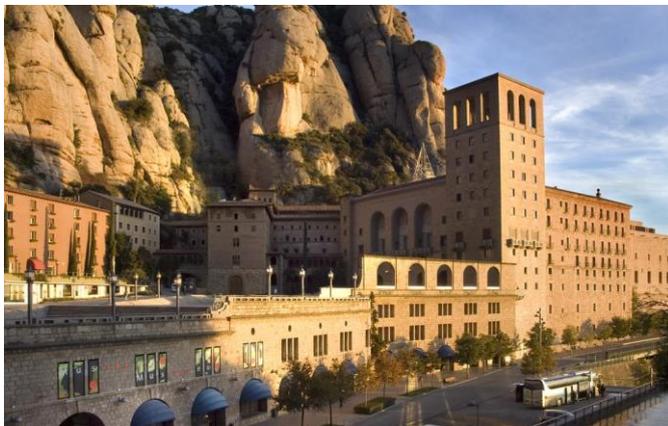
Overnight for 2 nights at the 4-star Colón Hotel Barcelona, located in the heart of Barcelona. Overlooking a pedestrianized square and the Cathedral of Barcelona, it is just a few minutes' walk from La Rambla and within the Gothic Quarter.

Breakfast x 1, Welcome Dinner and Flamenco Show on Day One.

Days 3 and 4

September 17 – 19

Montserrat



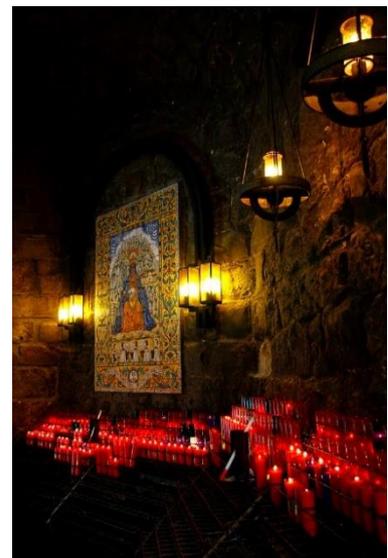
Today we drive north an hour to where we will be staying near the 12thC Benedictine Monastery, high up in the mountains, with its stunning views over the mountains and the Llobregat Valley.

Montserrat is a key sacred site of great telluric energy, known as a 'Dragon Point'. Some believe it to be the site of the Holy Grail as in the Middle Ages it was associated with Parsifal's search for the Holy Grail in the legends of King Arthur, which was kept in a mountaintop castle called 'Montsalvat'.

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Montserrat is a place of museums, art treasures, hermitage caves and spectacular walking trails. We will walk out to the Cross of St Michael and the sweeping views of the Llobregat Valley. In the Basilica, we will see the famous Black Madonna / Dark Virgin called La Moreneta ("the little black one"), believed to have been carved by St Luke and brought to Montserrat by St Peter in 50AD. She is the 'Queen' and Patron Saint of the state of Catalonia, and revered throughout northeastern Spain and throughout the world.

We will embark upon a pilgrimage excursion via funicular up to the topmost part of Montserrat, as well as visit the Santa Cova (Holy Grotto/cave) where the La Moreneta statue was found, and the site of a Marian apparition in the 9thC, along with its Chapel of the Holy Grotto. These are places of deep pilgrimage, transformation and devotion.



Time-permitting on our very last morning, we will walk a very small part of the 25km Camino Catalan, absorbing the spectacular beauty, and exploring the numerous shrines and plaques along the way.

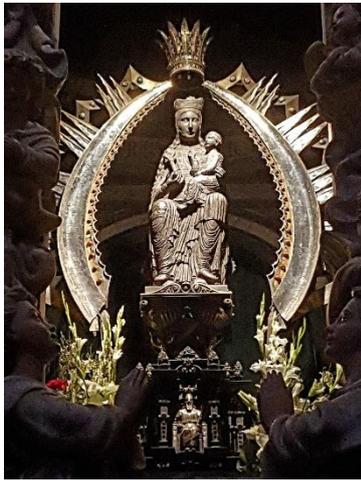
Opening Prayer/Intention Ceremony, optional meditations.

Overnight in the Hostal Guilleumes (our only non-3-star accommodation), set in Monistrol in the exquisite Montserrat Mountain Nature Reserve, just 10mins walk from the exciting rack railway that takes us on a breathtaking journey up to the grandeur of Montserrat.

Breakfasts x 2, Dinner on Day Three

Days 5 and 6

September 19 – 21 Solsona



Here we will visit the Mother of God Cloister at the Cathedral of Santa Maria de Solsona and see its 12thC Black Madonna and baby Jesus, considered a masterpiece of early Gothic sculpture, but with its ancient roots revealed in striking resemblance to Isis and her son, Horus.

power.

We will drive to the Mother of God of the Mountain Pass to see three Black Madonnas in the town of Sant Llorenç de Morunys, and the site of a Marian apparition. Clear mountain water, considered sacred, flows from a vulva-shaped rock into a fountain at the front of the church, and people take it home to drink, believing it has curative

Optional meditations.

Overnight for 2 nights at the boutique 4-star Hotel La Freixera, situated in the grandeur of a magnificent 14th-century building in a great marriage of new and old, featuring stone walls and wooden beams, situated in central, historic Solsona.

Breakfasts x 2, Dinner on Day Five.

Days 7 and 8

September 21 – 23 Zaragoza



In Zaragoza we visit the Black Madonna in the Basilica de Nuestra Señora del Pilar (Our Lady of the Pillar), with its Goya paintings and the site of a Marian apparition. It is said that the name was given to the Blessed Virgin Mary in conjunction with the ancient legend that she appeared to the Apostle James the Greater in 40AD as he was praying by the banks of the Ebro at Zaragoza.

On a daytrip from Zaragoza we visit the majestic 12thC Monasterio de Piedra (Cistercian Stone Monastery) with its exquisite passages and chapels. It sits within spectacular nature alongside the Piedra River: a hidden oasis of waterfalls, striking landscapes, trails, lakes, and ancient trees. A truly majestic environment.

Optional meditations.

Overnight for 2 nights at the 4-star Hotel Goya, located in central Zaragoza, 2 minutes' walk from the Plaza de España.

Breakfasts x 2, Dinner on Day Seven.



Days 9, 10 and 11

September 23 – 26 Huesca

It is said that the Holy Grail first came from Rome to Huesca with Pope Sixtus II in the 3rdC in order to escape persecution by the Roman Emperor Valerian. Huesca was the home of the Pope's Spanish Deacon, Saint Lawrence. We will visit the Monastery of San Pedro el Viejo, where ancient writings and legends tell us the Holy



Grail had been hidden in the 8th C from Moorish invaders, and where we see the enormous wall sculpture detailing these events.

North of Huesca, in the city of Santa Cruz de la Serós, we will go to San Juan de La Peña, connected to the Knights Templar and also associated with the Holy Grail in the

11thC and 12thC (again, hidden there from Moorish invaders).

On our final day in Huesca we will travel to visit the stunning Moorish city of Alquézar, where you will also have the option to walk a little bit of the breathtaking Sierra y Cañones de Guara Nature Reserve with its stunning limestone range, grottos, waterfalls, deep canyons, gorges and caves.

Optional meditations.

Overnight for 3 nights at the 4-star Hotel Abba Huesca, just 10 minutes' walk from the city centre.

Breakfasts x 3, Dinner on Day Nine.



Days 12, 13, 14 and 15

September 26 – 30 *Girona*



On the way from Huesca to Girona, we will stop in at Lleida, a city steeped in the influence of the Templars where we will explore the Cathedral of St. Mary of La Seu Vella. It is enclosed within a fortress complex and towers above the city from a stunning, commanding hilltop location on lands once owned by the Templars.

Girona....yes, deeply mystical Girona, the 'immortal city', with its powerful past of pagan, Christian, Troubadour, Jewish,

Basque and Islamic influences and where so many cults and religions have flourished, is known for its pre-Roman and medieval architecture and its powerful leylines.

During Days 12 & 13, we will travel over many of the 5 bridges that cross the River Onyar into the old city and visit the walled Old Quarter (Barri Vell), the Call (the well-preserved Jewish quarter), the German Gardens and the landscaped gardens of the Passeig Arqueològic, a walkway following the Old Quarter's medieval walls.

The Torre Magdala (Magdalene Tower where it is believed there was an appearance of our Lady of the Cup (thought to be Mary Magdalene) in the Frenchwoman's Garden will call us also and we will experience a Sacred Meditation. It is said that the Torre links to the Magdalene Tower in Rennes-le-Château, France, and creates a magnetic interdimensional portal that connects to Egypt and thus into other legends of the Holy Grail, the descendants of Jesus Christ and Mary Magdalene, the Merovingians and the Templars.



On Days 14 and 15, we will experience **the key 2-day Immersion** in an exquisite yoga space that will combine dance, meditation, chakras, deep sharing, activations, mandalas and more so that you can fully Embody the Sacred Fire and become the Grail. The Immersion runs until 4pm each day, with plenty of free time afterwards to drink in Girona to the full, or to rest, absorb and integrate.



Overnight for 4 nights at the 4-star Double Tree by Hilton, with rooftop swimming pool and terrace bar, and located just 10 minutes' walk from the old town through the Devesa Park.

Breakfasts x 4, Farewell Dinner on Day Fifteen.

Tour Ends.

Day 16

April 30

Privately arranged transport from Girona to your next destination. (Barcelona Airport is just 90mins away by rail or by bus.)

Thank you for your Presence on this Tour!

[SECURE YOUR PLACE ~ CLICK TO REGISTER NOW](#)